

**Amendments to the Specification**

Please replace the paragraph beginning on page 3, line 12, with the following rewritten paragraph:

The invention will be described further, by way of example, with reference to the drawings, in which:

Fig. 1 is a side elevation of a preferred practical embodiment of the hand grip of the invention;

Fig. 2 is a perspective view of the same hand grip;

Fig. 3 is also a perspective view, but the hand grip rotated compared to Fig. 2 so as to show the other side; and

Fig. 4 is a perspective view, corresponding to Fig. 3, of a second practical embodiment of the hand grip of the invention;

Fig. 5 is an enlarged view of the area designated as 5 in Fig. 1;

Fig. 6 is an enlarged view of the area designated as 6 in Fig. 1;

Fig. 7 is a cross-sectional view taken along the line 7-7 of Fig. 1; and

Fig. 8 is a cross-sectional view taken along the line 8-8 in Fig. 1.

Please replace the paragraph beginning on page 4, line 7, with the following rewritten paragraph:

The hand grip is formed from two different grades of rubber. A firmer less flexible grade is used to form a base or inner ~~layer~~ layer 11 of the body 10, as well as the end wall 12 and the flange 14. A softer, more flexible grade is used to form an outer ~~layer~~ layer 13 to the body 10, including a raised pattern of adjoining rectangles 16 on one side of the body 10 and a pattern of surface projections 18 which are also present inside the boundary of the aforesaid rectangular pattern 16.

Please replace the paragraph beginning on page 4, line 14, with the following rewritten paragraph:

The projections 18 in this embodiment are generally in the form of a plurality of adjacent square pyramids, each having a diamond shaped ~~base~~base 28, i.e. its diagonal being axial relative to the cylindrical body 10 of the grip. The overall size of the respective pyramidal projections 18 decreases gradually from adjacent the flange 14 to adjacent the closed end. Thus the diamond shaped ~~bases~~bases 28 decrease in area and the height of the projections also decreases. This provides an overall taper to the external diameter of the body 10.

Please add the following new paragraph after the paragraph ending on line 16 of page 5:

Figs. 5 and 6 show enlarged views of the corresponding areas as designated as 5 and 6 in Fig. 1. Figs. 5 and 6 show enlarged views of the projections 18, each having a diamond shaped base 28. As shown in Figs. 5 and 6, the overall size of the respective pyramidal projections 18 decreases gradually from an area adjacent to flange 14 to an area adjacent to the closed end 12 of the hand grip.

Figs. 7 and 8 show respective cross-sectional areas of the hand grip at areas designated 7 and 8 in Fig. 1. As shown in Figs. 7 and 8, the hand grip is formed from two different grades of rubber. A firm or less flexible grade is used as a base or inner layer 11 of the body 10. A softer, more flexible grade is used to form an outer layer 13, including a raised pattern of projections 18 and base area 28.

Please replace the Abstract with the attached amended Abstract.